www.thelancet.com Vol 364 October 9, 2004

Effect of intravenous corticosteroids on death within 14 days in 10008 adults with clinically significant head injury (MRC CRASH trial): randomised placebo-controlled trial

CRASH trial collaborators'

Summary

Background Corticosteroids have been used to treat head injuries for more than 30 years. In 1997, findings of a systematic review suggested that these drugs reduce risk of death by 1–2%. The CRASH trial—a multicentre international collaboration—aimed to confirm or refute such an effect by recruiting 20 000 patients. In May, 2004, the data monitoring committee disclosed the unmasked results to the steering committee, which stopped recruitment.

Methods 10 008 adults with head injury and a Glasgow coma score (GCS) of 14 or less within 8 h of injury were randomly allocated 48 h infusion of corticosteroids (methylprednisolone) or placebo. Primary outcomes were death within 2 weeks of injury and death or disability at 6 months. Prespecified subgroup analyses were based on injury severity (GCS) at randomisation and on time from injury to randomisation. Analysis was by intention to treat. Effects on outcomes within 2 weeks of randomisation are presented in this report. This study is registered as an International Standard Randomised Controlled Trial, number ISRCTN74459797.

Findings Compared with placebo, the risk of death from all causes within 2 weeks was higher in the group allocated corticosteroids ($1052 [21 \cdot 1\%] \nu s 893 [17 \cdot 9\%]$ deaths; relative risk $1 \cdot 18 [95\% \text{ CI } 1 \cdot 09 - 1 \cdot 27]$; p=0.0001). The relative increase in deaths due to corticosteroids did not differ by injury severity (p=0.22) or time since injury (p=0.05).

Interpretation Our results show there is no reduction in mortality with methylprednisolone in the 2 weeks after head injury. The cause of the rise in risk of death within 2 weeks is unclear.

Introduction

Every year, millions of people worldwide are treated for head injury. A substantial proportion die or are permanently disabled. Although much damage is done at the time of injury, post-traumatic inflammatory changes are believed to contribute to neuronal degeneration.^{1,2} Corticosteroids have been used to treat head injury for more than 30 years. A survey of UK neurosurgical intensive-care units in 1996 showed that these drugs were used in 14% of units to treat head injuries,³ and a survey of intensive-care management of patients with a head injury in the USA reported that corticosteroids were used in 64% of trauma centres.⁴ Corticosteroids are also used for management of head injury in Asia.⁵

Previous randomised trials of corticosteroids in head injury have included no more than a few hundred patients, and altogether only about 2000 patients have been studied. In 1997, a systematic review of available trials suggested that the absolute risk of death in the corticosteroid-treated group was about 1–2% lower than in controls, but the 95% CI was from 6% fewer to 2% more deaths.⁶

The second US National Acute Spinal Cord Injury Study (NASCIS-2) compared 24 h of methylprednisolone with placebo in 333 patients with acute spinal-cord injury.⁷ At 6 months, people receiving methylprednisolone within 8 h of injury seemed to have greater improvement in motor function and sensation to pinprick and touch than did those given placebo. Similar results were reported in a Japanese trial of the same regimen.⁸ Results of NASCIS-3 indicated slightly more neurological recovery with 48 h of treatment than with 24 h.⁹ Use of corticosteroids to treat acute spinal-cord injury led to renewed interest in their role in the treatment of head injury.¹⁰

The CRASH trial (corticosteroid randomisation after significant head injury) is a large, international, randomised placebo-controlled trial of the effect of early administration of 48 h infusion of methylprednisolone on risk of death and disability after head injury. The trial aimed to inform clinical decision-making in an area of global increasing health importance. Reliable demonstration of even a small absolute benefit from corticosteroids would have the potential to avoid thousands of deaths and disabilities. Similarly, because corticosteroids are widely used to treat head injury, reliable refutation of any benefit would protect thousands patients from possible side-effects and avoid of unnecessary cost.

Patients and methods

The protocol for the CRASH trial has been published elsewhere (http://www.crash.lshtm.ac.uk). All collaborating investigators were required to secure local ethics or research committee approval before recruitment could begin. Patients with clinically significant head injury are



Lancet 2004; 364: 1321-28 See Comment page 1291

*Listed at end of report

Correspondence to: CRASH Trials Coordinating Centre, London School of Hygiene and Tropical Medicine, Keppel Street, London WC1E 7HT, UK crash@lshtm.ac.uk unable to give valid informed consent. Local ethics committees set consent procedures for participating hospitals. Some allowed consent waiver and others consent from a legal representative. We always adhered to these requirements.

Patients

Adults (age 16 years or older) with head injury were screened for inclusion in the study if they were within 8 h of injury and were noted in hospital to have a Glasgow coma score (GCS) of 14 or less (maximum score 15).¹¹ Such patients were eligible if, after assessment, the treating doctor was substantially uncertain whether or not to treat with corticosteroids— ie, the uncertainty principle. Thus, if we noted a clear indication for corticosteroids, the patient was not randomised. Likewise, those we judged to have a clear contraindication were not randomised.

Procedures

We randomised patients in one of two ways. If the hospital had reliable telephone access and the recruiting doctor could provide baseline data and receive the treatment allocation in English then they used the central telephone randomisation service provided by the clinical trial service unit (CTSU) in Oxford, UK. During the call, which lasted 2-3 min, we obtained and recorded baseline data on the central computer. Data were checked for range and consistency and only after they were complete did the computer generate a treatment allocation. The allocation was balanced for sex, age (16-24 years, 25-34 years, 35 years and older), time since injury (≤ 1 h, >1 to ≤ 3 h, >3 to ≤ 8 h), GCS (severe 3–8, moderate 9-12, mild 13-14), pupil reactiveness, and country.12 The allocated treatment pack number was then given to the recruiting doctor and recorded on the trial entry form.

Hospitals at which use of this central randomisation was not feasible used a local pack system. We obtained baseline information on the trial entry form and the next consecutively numbered treatment pack was taken from a box of eight packs—with an allocation sequence based on a block size of eight, also generated by CTSU. The pack number was recorded on the form, which was then sent by fax or as an encrypted e-mail attachment to the trial coordinating centre in London. We then entered data into the central computer at CTSU. Once the pack number was recorded, the patient was included in the trial whether or not the pack was opened or the allocated treatment started.

An independent clinical trial supply company (DHP Clinical Supplies, Abergavenny, UK) prepared the treatment packs. We randomly allocated patients to 48 h infusion of either methylprednisolone or placebo. Every participant was assigned a uniquely numbered treatment pack, containing 11 vials of either methylprednisolone or placebo, one 20 mL ampoule of sterile water,

one 100 mL bag of 0.9% NaCl (for use with the loading dose), CRASH trial stickers to attach to the infusion bags and patient's notes, a patient's information leaflet in the appropriate language, and two copies of the form for collection of early outcome data. We translated the stickers and early outcome forms into local languages if needed. The loading dose was 2 g methylprednisolone (or placebo) over 1 h in a 100 mL infusion. The maintenance dose was 0.4 g methylprednisolone (or placebo) per h for 48 h in a 20 mL per h infusion. The methylprednisolone and placebo vials were identical and the solutions looked the same. This treatment regimen was based on that used in the NASCIS trials.9 but fixed doses were used to simplify procedures. Emergency unmasking of treatment allocation was possible by telephoning the randomisation service in Oxford or via a call to the 24 h emergency pager.

Primary outcome measures were death from any cause within 2 weeks of injury and death or disability at 6 months. We obtained mortality data within 2 weeks of injury from the early outcome form that was completed at death, discharge, or at 2 weeks, whichever happened first. These data were obtained electronically (with electronic data forms and the CRASH-Net website [http://crashnet.lshtm.ac.uk]) and by fax and post. The early outcome form included patient's contact details. cause of injury, short-term outcome, management and complications, results from the first computerised tomography (CT) scan, and adherence to trial treatment. Data on management and complications included number of days in intensive care and occurrence of seizure. haematemesis or melaena requiring transfusion, wound infection with pus, pneumonia treated with antibiotics, use of antibiotics for other reasons, whether the patient had a neurosurgical operation, and whether they had sustained major extracranial injury. Events were recorded if they arose while the patient was still in hospital and within 14 days of randomisation. Non-fatal events happening after discharge but within 14 days of randomisation were not recorded.

We assessed disability at 6 months with a questionnaire that was mailed to patients or their carers, administered by telephone interview, or undertaken during a home visit or hospital appointment. Before the start of the trial, a simple questionnaire version of the Glasgow outcome scale was developed and shown to be both reliable and valid.^{13,14} The questionnaire was translated into relevant languages for use in every country, with back-translation into English to ensure accuracy. Completed questionnaires were sent to the coordinating centre in London to be entered into the trial database.

With respect to prespecified subgroup analyses, we planned to report the effects of treatment subdivided by two main baseline characteristics of patients: time from injury to randomisation (≤ 1 h, >1 to ≤ 3 h, >3 to ≤ 8 h)

and severity of head injury based on the GCS at randomisation (severe 3–8, moderate 9–12, mild 13–14).

Statistical analysis

We initially estimated that risk of death in patients allocated to placebo might be around 15%. Because even a 2% survival difference would be clinically important, the trial had to be large enough to detect a difference of this size. A trial of 20 000 patients would have a good chance of showing a 2% survival difference at convincing levels of significance-ie, more than 90% power to achieve p < 0.01. All analyses were undertaken on an intention-to-treat basis, that is, patients were analysed on the basis of the group to which they were randomised, irrespective of whether they actually received their allocated treatment. Effect measures were relative risk and absolute risk reduction. Precision was quantified with 95% CIs for overall risk and 99% CIs for subgroup results. We assessed homogeneity in treatment effects within subgroups by the χ^2 test at a 5% significance level.

During the study, interim analyses of in-hospital mortality, complications, and 6-month outcome were supplied at least once a year to the independent data monitoring and ethics committee. This committee had responsibility for deciding whether, while randomisation was in progress, the unmasked results should be revealed to the trial steering committee. The data monitoring and ethics committee terms of reference stated that they would unmask results only if the randomised comparisons in the trial provided both (1) proof beyond reasonable doubt of a difference in outcome between the study and control groups and (2) evidence that would be expected to alter substantially the choice of treatment for patients whose doctors were, in view of data from other randomised controlled trials, substantially uncertain whether to give corticosteroids to patients with head injury.

This study is registered as an International Standard Randomised Controlled Trial, number ISRCTN74459797. The protocol for this study was peer-reviewed and accepted by *The Lancet*; a summary of the protocol was published on the journal's website, and the journal then made a commitment to peer-review the primary clinical manuscript.

Role of the funding source

The sponsors of the study had no role in study design, data collection, data analysis, data interpretation, or writing of the report. The corresponding author had full access to all the data in the study and had final responsibility for the decision to submit for publication.

Results

Patients were enrolled in 239 hospitals from 49 countries: 2141 (21%) were enrolled by central telephone randomisation and 7867 (79%) were noncentrally randomised. The first patient was enrolled in

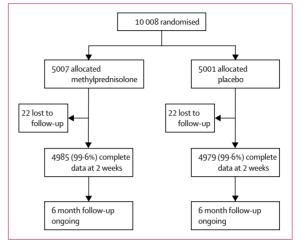


Figure 1: Trial profile

The number of people screeened before randomisation and excluded because of a clear contraindication or indication for corticosteroids is unknown, because these data were not available from every hospital.

	Corticosteroid (n=5007)	Placebo (n=5001)
Age at randomisation (years)		
<25	1481 (30%)	1450 (29%)
25-34	1151 (23%)	1217 (24%)
35-54	1554 (31%)	1485 (30%)
≥55	821 (16%)	849 (17%)
Men	4075 (81%)	4029 (81%)
GCS		
Severe (3-8)	1985 (40%)	1981 (39%)
Moderate (9-12)	1557 (31%)	1483 (30%)
Mild (13-14)	1465 (29%)	1537 (31%)
Time since injury (h)		
≤1	1350 (27%)	1347 (27%)
>1 to ≤3	1532 (31%)	1567 (31%)
>3 to ≤8*	2125 (42%)	2087 (42%)
Both pupils reactive to light		
No	722 (14%)	728 (15%)
Yes	4285 (86%)	4273 (85%)
Major extracranial injury	1134 (23%)	1082 (22%)
Cause of head injury		
Road traffic crash	3249 (65%)	3169 (63%)
Fall >2 m	608 (12%)	699 (14%)
Other	1085 (22%)	1053 (21%)
Not known	65 (1%)	80 (2%)
Head CT scan done		
Yes	3916 (78%)	3896 (78%)
No/not known	1091 (22%)	1105 (22%)
CT scan results†		
Normal	897 (23%)	878 (22%)
One or more petechial haemorrhages within the brain	1139 (29%)	1098 (28%)
Obliteration of the third ventricle or basal cisterns	906 (23%)	920 (24%)
Subarachnoid bleed	1226 (31%)	1231 (32%)
Midline shift >5 mm	556 (14%)	579 (15%)
Non-evacuated haematoma	1061 (27%)	1050 (27%)
Evacuated haematoma	486 (12%)	500 (13%)
Cortical contusion >1 cm in diameter‡	869 (22%)	886 (23%)

*Includes 21 patients randomised more than 8 h after injury. †Percentages shown are of patients who had a CT scan; patients may have more than one result. ‡Cortical contusion as a CT-reporting category was introduced after randomisation started.

Table: Baseline characteristics

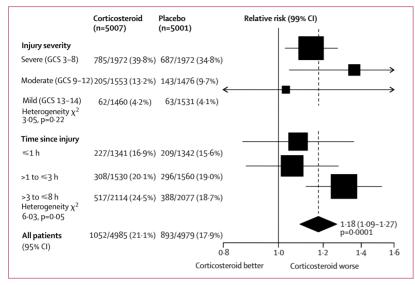


Figure 2: Effects of corticosteroid allocation on deaths from all causes within 2 weeks, by injury severity (based on GCS at randomisation) and time since injury

April, 1999. In May, 2004, the data monitoring and ethics committee disclosed the unmasked results to the trial steering committee, which then stopped recruitment. 10008 patients were randomised to corticosteroid or placebo infusions (figure 1): 62 were subsequently found to be younger than 16 years of age, 21 were enrolled more than 8 h after injury, and the trial infusion was stopped in three at the request of a relative. All these patients are included in the analysis.

The table shows baseline data for all patients randomised. Mean age of participants was 37 years

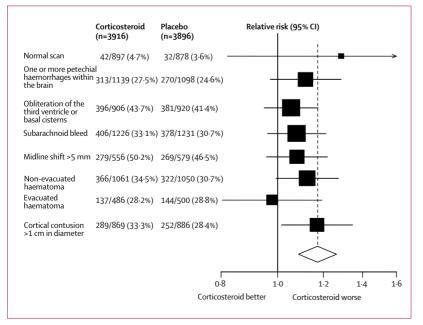


Figure 3: Effects of corticosteroid allocation on deaths from all causes within 2 weeks, by head CT scan results Subgroups are not mutually exclusive because some patients are included in more than one category.

(SD 17) and median time from injury to randomisation was 3 h (IQR 1–5). Treatment groups were balanced with respect to patients' characteristics and presence of major extracranial injuries, cause of injury, and head CT scan results.

Adherence to treatment was known for 9848 (98%) patients, of whom 9748 (99%) received the full loading dose. Although some patients died or were discharged from hospital before completion of the full 48 h maintenance dose, 8286 (83%) patients received at least 24 h of treatment.

Mortality data during the first 2 weeks were obtained for 9964 patients. Of 4985 patients allocated corticosteroids whose outcomes were known, 1052 (21%) died within 2 weeks of randomisation, compared with 893 (18%) of 4979 allocated placebo. Thus, the relative risk of death from all causes within 2 weeks in patients allocated corticosteroids compared with placebo was $1 \cdot 18$ (95% CI $1 \cdot 09 - 1 \cdot 27$; $p=0 \cdot 0001$; figure 2). The relative risk of death at 2 weeks did not differ by injury severity ($p=0 \cdot 22$) or time since injury ($p=0 \cdot 05$; figure 2).

7812 (78%) patients had a head CT scan. The relative risk of death at 2 weeks was not different in any of the eight CT scan diagnosis subgroups examined (figure 3). Furthermore, the relative risk of death within 2 weeks did not differ in patients with (321/1134 [28%] corticosteroid vs 244/1082 [23%] placebo) and without (731/3851 [19%] vs 649/3897 [17%]; p=0.27) major extracranial injury. We did not record an increase in complications with corticosteroid allocation (figure 4).

Treatment allocation was unmasked for 24 (0.2%) patients (15 corticosteroid, nine placebo). The usual reason for emergency unmasking was that patients were subsequently found to have a disorder that the doctor wished to treat with corticosteroids.

Discussion

of The results the MRC CRASH trial of methylprednisolone treatment reliably refute any reduction in mortality in the 2 weeks after head injury: this treatment was associated with a significant rise in risk of death within 2 weeks. The apparent increase in mortality did not differ in the prespecified subgroups, although the hazard might be enhanced in patients presenting at a later time. Although the apparent hazard could be a statistical artifact, due in part to the datadependent stopping of the trial,15 we believe that our results provide evidence that could substantially alter the choice of treatment for patients with head injury. For this reason, we opted for early publication of the 2-week outcome data. The effect of corticosteroids on disability at 6 months will be reported later.

Our study has many strengths. Our randomisation methods ensured that participating clinicians could not have foreknowledge of treatment allocation and that baseline prognostic factors were well balanced between treatment groups. Data on the primary outcome of death from any cause within 2 weeks were available for more than 99% of randomised patients, and all analyses were undertaken on an intention-to-treat basis. The CRASH trial had sufficient power to reliably detect modest but nevertheless clinically important treatment benefits or harms. It was undertaken in more than 200 hospitals in 49 countries. The patients included would have undergone several concurrent interventions that would have varied between hospitals. We did not obtain data on all concurrent interventions, but similar numbers of patients in every hospital were allocated corticosteroids or placebo. Furthermore, because doctors were unaware of treatment allocation, use of concomitant therapies would not have been influenced.

The CRASH trial had one limitation. To establish the main cause of death is difficult when multiple factors relating to trauma are present, so we did not ask participating clinicians what they judged to be the cause of death. We saw no evidence of a large rise in risk of infectious complications or gastrointestinal bleeding from corticosteroid treatment. We are still unsure of the mechanism of the increased mortality with corticosteroids.

Before starting the CRASH trial, a systematic review and meta-analysis of the existing trials of corticosteroids in head injury was done. When all previous trials were combined, risk of death in the corticosteroid-treated group seemed lower than in the control group (relative risk 0.96 [95% CI 0.85-1.08]; figure 5). When this metaanalysis is updated to include the findings of the CRASH trial, risk of death in the corticosteroid-treated group seems to be higher than in the control group (1.12)[1.05-1.20]). The CRASH trial result, judged either separately or in combination with previous trials, clearly refutes any material reduction in mortality with corticosteroids, although the size of the CRASH trial has a major influence on the result of the meta-analysis. We noted some statistical heterogeneity in the updated metaanalysis that might be accounted for by the datadependent stopping of the trial.15

Our early results show that corticosteroids should not be used routinely to treat head injury, whatever the severity. By clearly refuting a mortality benefit from corticosteroids in head injury, the CRASH trial results should protect many thousands of patients from any increased risk of death associated with these drugs. However, our results could also have implications for use of corticosteroids in spinal-cord injury. After publication of NASCIS-2,7 in which some evidence of neurological benefit was seen in the subgroup of patients with spinal-cord injury treated within 8 h, corticosteroids have been widely used to treat this type of injury, although this approach is controversial.^{16,17} Because trials of corticosteroids in spinal-cord injury have been small (even when combined they include about 500 patients),18 and because of the emphasis on subgroup effects, use of corticosteroids in spinal-cord injury should remain an area for debate.

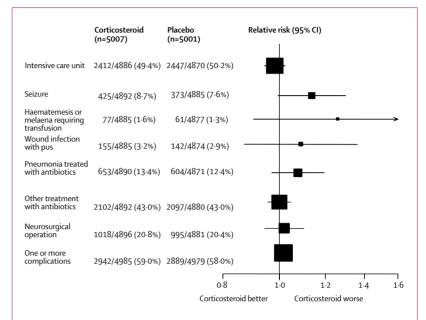


Figure 4: Effects of corticosteroid allocation on early management and complications in hospital within 2 weeks Denominators vary because of different levels of data completeness for every event.

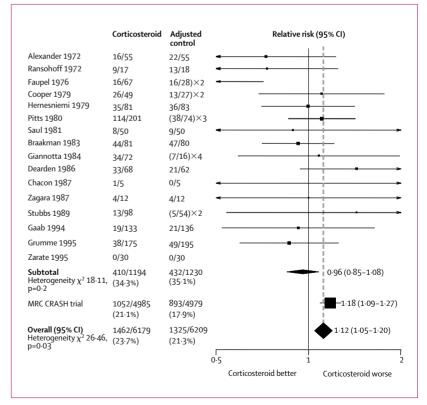


Figure 5: Updated meta-analysis of effect of corticosteroids on death after head injury

In five trials there was an imbalance in the numbers of patients allocated corticosteroids compared with those allocated placebo. The control group data for these trials have therefore been adjusted so that when combined with the other trials, the overall estimate of risk of death is comparable with that in the corticosteroid-allocated group. References of trials included in this meta-analysis are available at http://image.thelancet.com/extras/04art9140 webreferences.pdf.

The effect of corticosteroid treatment on disability 6 months after head injury will be reported as soon as these data are available. Many other treatments of uncertain effectiveness for head injury are in widespread use,19 and further large-scale randomised trials are needed. The CRASH trial has shown that we can enrol many trauma patients into clinical trials in the emergency setting. Every year, about 3 million people worldwide die from trauma, many after reaching hospital.20 Of those who do survive to reach hospital, blood loss accounts for nearly half of in-hospital trauma deaths.²¹ Hypotension from such loss is one of the strongest predictors of poor outcome after head injury that is amenable to therapeutic modification.²² A large placebo-controlled trial of the effects of an antifibrinolytic drug on death and transfusion requirements in patients with clinically significant haemorrhage after trauma is in progress (http://www.crash2.lshtm.ac.uk).

Conflict of interest statement

We declare that we have no conflict of interest.

CRASH trial collaborators by country (number of patients randomised) Albania (41)-Central Military University Hospital National Trauma Centre (35): Fatos Olldashi NC, Itan Muzha; University Hospital "Mother Teresa" Tirana (6): Nikolin Filipi. Argentina (359)—IAMBE NC, RC (southern Latin America): Roberto Lede, Pablo Copertari, Carolina Traverso, Alejandro Copertari; Hospital San Bernardo (106): Enrique Alfredo Vergara, Carolina Montenegro, Roberto Ruiz de Huidobro, Pantaleón Saladino; Hospital Escuela Jose de San Martin (52): Karina Surt, José Cialzeta Silvio Lazzeri; Hospital Municipal "Dr Leonidas Lucero" (37): Gustavo Piñero, Fabiana Ciccioli; Hospital Dr Ramón Carrillo (35): Walter Videtta, María Fernanda Barboza: Hospital Castro Rendon (28): Silvana Svampa, Victor Sciuto; Hospital Zonal General De Agudos "Heroes de Malvinas" (27): Gustavo Domeniconi, Marcelo Bustamante; Policlinico Sofia T de Santamarina (20): Maximiliano Waschbusch; Hospital Municipal Dr Hector J D'Agnillo (17): María Paula Gullo; Hospital Nacional Profesor Alejandro Posadas (11): Daniel Alberto Drago; Hospital Español de Mendoza (10): Juan Carlos Arjona Linares; Hospital Italiano (10): Luis Camputaro; Hospital "Dr José Penna" (5): Gustavo Tróccoli; Hospital Aleman (1): Hernán Galimberti.

Australia (13)—Gold Coast Hospital (13): Mandy Tallott. *Austria (21)*—Waldviertelklinikum Standort Horn (17): Christian Eybner, Walter Buchinger; Wilhelminenspital der Stadt Wien (4): Sylvia Fitzal.

Belgium (403)—Centre Hospitalier Regional de Namur (356): Guy Mazairac NC, Véronique Oleffe, Thierry Grollinger, Philippe Delvaux, Laurent Carlier; A.Z. Klina Hospital (34): Veronique Braet; Hospital of Jolimont (11): Jean-Marie Jacques; Clinique Saint-Luc (2): Danielle de Knoop.

Brazil (119)—Hospital de Pronto Socorro de Porto Alegre (113): Luiz Nasi NC, Humberto Kukhuyn Choi, Mara Schmitt; Hospital das Clínicas da Faculdade de Medicina da Universidade de São Paulo (5): André Gentil; Clínica São Vicente (1): Flavio Nacul. *Chile (3)*—Hospital Regional Copiapo (3): Pedro Bedoya Barrios.

China (3)—Hospital Regional Copiapo (3): Pedro Bedoya Barrios. *China* (87)—Zhongshan City People's Hospital (79): Chen Xinkang, Lin Shao Hua, Huang Han Tian; Sheng Zheng Second People's Hospital (8): Cai Xiaodong.

Colombia (832)—Hospital Universitario San Jorge (216): Wilson Gualteros, Alvaro Ardila Otero; Clinica Las Americas (199): Miguel Arango NC RC (northern Latin America and Caribbean), Juan Ciro, Hector Jaramillo, Gloria Garcia; Hospital General de Medellin (119): Ignacio Gonzalez, Carolina Gomez; Hospital Erasmo Meoz (90): Arturo Arias, Marco Fonseca, Carlos Mora; Hospital Departamental de Nariño (51): Edgar Giovanni Luna Cabrera, José Luis Betancurth, Porfirio Muñoz; Hospital San Andres (37): Jesus Alberto Quiñónez, Maria Esther Gonzalez Castillo; Hospital Federico Lleras (31): Orlando Lopez; Hospital El Tunal (24): Rafael Perez Yepes, Diana Leon Cuellar, Gerson Paez; Hospital Civil de Ipiales (21): Hernán Delgado Chaves, Pablo Emilio Ordoñez; Hospital Universitario del Valle (15): Ricardo Plata, Martha Pineda; Hospital Regional de Duitama (12): Libardo Enrique Pulido; Hospital Timothy Britton (12): John Sergio Velez Jaramillo; Organización Clinica General del Norte (5): Carlos Rebolledo.

Costa Rica (20)-Hospital México (20): Oscar Palma. Cuba (404)-Caridad Soler NC; Hospital Abel Santamaria Cuadrado (77): Irene Pastrana, Raul Falero; Hospital Universitario "Arnaldo Milián Castro" (55): Mario Domínguez Perera, Agustín Arocha García, Raydel Oliva; Hospital Provincial Docente "Manuel Ascunce Domenech" (43): Hubiel López Delgado; Hospital VI Lenin (42): Aida Madrazo Carnero, Boris Leyva López; Hospital General de Morón (40): Angel Lacerda Gallardo, Amarilys Ortega Morales; Hospital General Universitario "Carlos Manuel de Cèspedes" (38): Humberto Lezcano; Hospital Universitario "Dr Gustavo Aldereguia Lima" (37): Marcos Iraola Ferrer; Hospital Miguel Enriquez (36): Irene Zamalea Bess, Gladys Rivas Canino; Hospital Clínico-Quirúrgico Docente "Saturnino Lora" (32): Ernesto Miguel Piferrer Ruiz; Centro de Investigaciones Médico-Quirúrgicas (4): Orlando Garcia Cruz. Czech Republic (961)-Research Institute for Special Surgery and Trauma (852): Petr Svoboda NC, Ilona Kantorová, Jiří Ochmann, Peter Scheer, Ladislav Kozumplík, Jitka Maršová; Masaryk Hospital (41): Karel Edelmann; Charles University Hospital, Plzen (35): Ivan Chytra, Roman Bosman; University Hospital Hradec Kralove (15): Hana Andrejsová; Hospital Kralovske Vinohgrady (9): Jan Pachl; Hospital Pribram (7): Jan Bürger; Univerzity Karlovy Neurochirurgicka Klinika (2): Filip Kramar.

Ecuador (258)-Hospital Luis Vernaza (202): Mario Izurieta Ulloa NC, Luis Gonzalez, Alberto Daccach, Antonio Ortega, Stenio Cevallos; Hospital de la Policia Guayaquil (16): Boris Zurita Cueva; Hospital Jose Carrasco Arteaga (11): Marcelo Ochoa; Hospital Naval (11): Jaime Velásquez Tapia; Clínica Central (8): Jimmy Hurtado; Hospital Militar de Guayaquil (5): Miguel Chung Sang Wong; Hospital Regional del IESS "Dr Teodoro Maldonado Carbo" (5): Roberto Santos. Egypt (775)-Mataria Teaching Hospital (364): Hussein Khamis NC, Abdul Hamid Abaza, Abdalla Fekry, Salah El Kordy, Tarek Shawky; Suez Canal University (180): Hesham El-Sayed NC, Nabil Khalil, Nader Negm, Salem Fisal; Aswan Teaching Hospital (160): Mamdouh Alamin, Hany Shokry; Zagazig University Hospital (71): Ahmed Yahia Elhusseny, Atif Radwan, Magdi Rashid. Georgia (56)-Neurosurgery Department of Tbilisi State Medical University (55): Tamar Gogichaisvili NC, George Ingorokva, Nikoloz Gongadze; Tbilisi 4th Hospital (1): Alexander Otarashvili. Germany (27)-Ernst Moritz Arndt University (14): Waltraud Kleist; Kreiskrankenhaus Tirschenreuth (8): Mathias Kalkum; Klinikum Offenbach (5): Peter Ulrich.

Ghana (7)—Narh-Bita Hospital (7): Nii Andrews. *Greece (20)*—University Hospital of Ioannina (8): George Nakos; University General Hospital of Larissa (5): Antonios Karavelis; Chania General Hospital "St George" (4): George Archontakis; KAT Hospital of Athens (3): Pavlos Myrianthefs.

India (973)—NSCB Medical College (177): Yadram Yadav, Sharda Yadav, R Khatri, Arvind Baghel; King George Medical College (105): Mazhar Husain NC (north India), Deepak Jha; North Bengal Neuro Research Centre (65): Wu Hoong Chhang, Manohar Dhandhania, Choden Fonning; G R Medical College (51): S N Iyengar, Sanjay Gupta; Medical Trust Hospital Kochi (51): R R Ravi, K S Bopiah, Ajay Herur; Manipal Hospital (50): N K Venkataramana NC (south India), A Satish; Medical College Hospital Trivandrum (50): K Bhavadasan, Raymond Morris, Ramesh S; Abhaya Hospital (42): A Satish; Christian Medical College (36): Yashbir Dewan, Yashpal Singh; Apex Hospital Bhopal (32): Rajesh Bhagchandani, Sanjana Bhagchandani; Meenakshi Mission Hospital and Research Centre (32): Vijaya Ushanath Sethurayar; MOSC Medical College Hospital (32): Sojan Ipe, G Sreekumar; Nizam's Institute of Medical Sciences (28): Manas Panigrahi, Agasti Reddy; Postgraduate Institute of

Medical Education and Research (28): Varinder Khosla, Sunil Gupta; Baby Memorial Hospital (25): Haroon Pillay, Nisha Thomas; V H S Hospital (22): Krishnamurthy Sridhar, Bobby Jose; Jubilee Mission Hospital (20): Nadakkavvkakan Kurian; National Institute of Mental Health and Neurosciences (17): Shanti Praharaj, Shibu Pillai; Care Hospital (16): Ramana; Sri Sai Hospital (16): Sanjay Gupta, Smita Gupta; Hirabi Cowasji Jehangir Medical Research Institute (15): Dilip Kiyawat; Maheshwari Orthopaedic Hospital (13): Kishor Maheshwari; Amrita Institute of Medical Sciences (11): Dilip Panikar; Hartej Maternity and Nursing Home (7): Jayant Chawla; Kasturba Medical College and Hospital (7): Satyanarayana Shenoy, Annaswamy Raia: Choitram Hospital & Research Centre (6): Yeshomati Rupayana; Gowri Gopal Superspeciality Hospital (6): Suryanarayan Reddy; Apex Hospital Visakhapatnam (3): Nelanuthala Mohan; Central India Institute of Medical Sciences (3): Shailesh Kelkar; Marble City Hospital and Research Centre (3): Yadram Yadav; Government Medical College Amritsar (1): Jayant Chawla; Johri Hospital (1): Mukesh Johri; National Hospital Jabalpur (1): Yadram Yadav.

Indonesia (238)—Sanglah General Hospital (222): Nyoman Golden NC, Sri Maliawan; Sidoarjo General Hospital (14): Achmad Fauzi, Umar Farouk.

Iran (233)—Naghavi University Hospital (110): Esmaeel Fakharian, Amir Aramesh; Fatemeh Zahra Hospital (85): Maasoumeh Eghtedari, Farhad Ahmadzadeh, Alireza Gholami; Social Security Hospital (38): Maasoumeh Eghtedari, Farhad Ahmadzadeh.

Ireland (113)—St James's Hospital (113): Patrick Plunkett, Catherine Redican, Geraldine McMahon.

Italy (9)—Università Cattolica del Sacro Cuore (4):

Maria Giuseppina Annetta; Università di Firenze (3): Homère Mouchaty; Ospedale San Martino (2): Eros Bruzzone. *Ivory Coast* (3)—CHU de Cocody (3): Béatrice Harding. *Kenya* (2)—Aga Khan Hospital (2): Mahmood Qureshi. *Malaysia* (176)—Hospital University Science Malaysia (162):
Zamzuri Idris, Jafri Abdullah NC, Ghazaime Ghazali,
Abdul Rahman Izaini Ghani; Ipoh Specialist Hospital (14):
Fadzli Cheah.

Mexico (17)—Alfredo Cabrera NC; Hospital General Regional no 1 (12): José Luis Mejía González; Hospital General de Queretaro (4): José Luis Mejía González; Hospital General Regional no 25 (1): Jorge Loría-Castellanos.

New Zealand (43)—Dunedin Hospital (43): Suzanne Jackson, Robyn Hutchinson.

Nigeria (180)—Obafemi Awolowo University Teaching Hospitals (77): Edward Komolafe NC, Augustine Adeolu, Morenikeji Komolafe; Lagos University Teaching Hospital (43): Olusanya Adeyemi-Doro, Femi Bankole; Usmanu Danfodiyo University Teaching Hospital (36): Bello Shehu, Victoria Danlami; University of Ilorin Teaching Hospital (15): Olugbenga Odebode; Lautech Teaching Hospital (7): Kehinde Oluwadiya; Lagos State University Teaching Hospital (1): Ahmed Sanni; Seventh Day Adventist Hospital (1): Herb Giebel; St Stephen's Hospital (1): Sushil Kumar.

Pakistan (17)—Jinnah Postgraduate Medical Centre (17): Rashid Jooma. Panama (7)—Complejo Hospitalario M A Guerrero (7): Jose Edmundo Mezquita.

Paraguay (10)—Instituto de Prevision Social (10): Carlos Ortiz Ovelar. Peru (8)—Hospital Nacional "Dos de Mayo" (6):

Marco Gonzales-Portillo; Hospital Nacional Arzobispo Loayza (2): Diana Rodriguez NC.

Romania (319)—Spitalul Clinic de Urgență București (282): Laura Balica NC, Bogdan Oprita, Mircea Sklerniacof, Luiza Steflea, Laura Bandut; Sfantum Pantelimon Hospital (28): Adam Danil, Remus Iliescu; Prof Dr D Bagdasar Clinical Emergency Hospital (9): Jean Ciurea.

Saudi Arabia (32)—King Khalid University Hospital (24): Abdelazeem El-Dawlatly, Sherif Alwatidy; King Khalid National Guard Hospital (8): Walid Al-Yafi; Megahid El-Dawlatly.

Serbia (23)—Klinicki Centar Srbije (23): Ranka Krunic-Protic, Vesna Janosevic.

Singapore (23)—National Neuroscience Institute (21): James Tan NC; Changi General Hospital (2): Charles Seah. Slovakia (179)—Reiman Hospital (71): Štefan Trenkler NC, Matuš Humenansky, Tatiana Stajančová; NsP Poprad (39): Ivan Schwendt, Anton Laincz; Nemocnica Bojnice (25): Zeman Julius, Stano Maros; FNsP Kosice (12): Jozef Firment; NsP Trebisov (11): Maria Cifraničova; Faculty Hospital in Martin (10): Beata Sániová; NsP Ruzinov (4): Karol Kalig; NsP Nové Zámky (3): Soňa Medekova; NsP Liptovsky Mikulas (2): Radovan Wiszt; NsP F D Roosevelt (1); NsP Zilina (1): Ivan Mačuga.

South Africa (366)—Tygerberg Academic Hospital (307): Bennie Hartzenberg NC, Grant du Plessis, Zelda Houlie; Wentworth Hospital (57): Narendra Nathoo, Sipho Khumalo; Curamed Kloof Hospital (1): Ralph Tracey.

Spain (259)—Hospital Universitario Virgen del Rocio (133):
Angeles Muñoz-Sánchez NC, Francisco Murillo-Cabezas NC,
Juan Flores-Cordero, Dolores Rincón-Ferrari; Hospital Torrecárdenas (37): Martin Rubi, Lopez Caler; Hospital Universitario Germans Trias i
Pujol (32): Maite Misis del Campo, Luisa Bordejé Laguna; Hospital
Mútua de Terrassa (20): Juan Manuel Nava; Hospital Universitario de
Girona Dr Josep Trueta (12): Miguel Arruego Minguillón; Hospital
Carlos Haya (10): Alfonso Muñoz Lopez; Hospital General de La Palma
(6): Luis Ramos-Gómez; Hospital Universitario Virgen de la Victoria (5):
Victoria de la Torre-Prados; Hospital General Yagüe (4):
Romero Pelleiero.

Sri Lanka (132)—Batticaloa General Hospital-Médecins Sans Frontières (84): Véronique Laloë NC, Bernhard Mandrella, Suganthan; National Hospital of Sri Lanka (39): Sunil Perera; Point-Pedro Base Hospital (9): Véronique Laloë, Kanapathipillai Mahendran.

Switzerland (160)—University Hospital of Zurich (133): Reto Stocker NC, Silke Ludwig NC; University Hospital Bern (15): Heinz Zimmermann; Kantonsspital Schaffhausen (12): Urs Denzler. *Thailand (579)*—Khon Kaen Regional Hospital (535): Surakrant Yutthakasemsunt NC, Warawut Kittiwattanagul; Parnumas Piyavechvirat; Pojana Tapsai; Ajchara Namuang-jan; Chiangrai Prachanuko Hospital (12): Upapat Chantapimpa;

Rayong Hospital (11): Chanothai Watanachai, Pusit Subsompon; Krabi Hospital (10): Wipurat Pussanakawatin, Pensri Khunjan; Suratthani Hospital (8): Sakchai Tangchitvittaya, Somsak Nilapong; Roi-Et Hospital (2): Tanagorn Klangsang, Wibul Taechakosol; Lampang Hospital (1): Atirat Srinat.

Tunisia (63)—Hospital Habib Thameur (63): Zouheir Jerbi NC, Nebiha Borsali-Falfoul, Monia Rezgui.

Turkey (2)—Istanbul Medical Faculty (2): Nahit Cakar.

Uganda (43)—Makerere Medical School (43): Hussein Ssenyonjo, Olive Kobusingye.

UK (1391)-Hope Hospital (209): Gabrielle Lomas, David Yates, Fiona Lecky; Birmingham Heartlands Hospital (123): Anthony Bleetman, Alan Baldwin, Emma Jenkinson, Shiela Pantrini; North Manchester General Hospital (85): James Stewart, Nasreen Contractor, Trudy Roberts, Jim Butler; Royal Albert Edward Infirmary (83): Alan Pinto, Diane Lee; Colchester General Hospital (79): Nigel Brayley, Karly Robbshaw, Clare Dix; Whiston Hospital (69): Sarah Graham, Sue Pye; Selly Oak Hospital (61): Marcus Green, Annie Kellins; Royal Bolton Hospital (51): Chris Moulton, Barbara Fogg; Eastbourne District General Hospital (50): Rowland Cottingham, Sam Funnell, Utham Shanker; Trafford General Hospital (41): Claire Summers, Louise Malek; Royal Sussex County Hospital (38): Rowland Cottingham NC, Christopher Ashcroft, Jacky Powell; Countess of Chester Hospital (36): Steve Moore, Stephanie Buckley; Worthing Hospital (34): Mandy Grocutt, Steve Chambers; Medway Maritime Hospital (29): Amanda Morrice, Helen Marshall; Chelsea and Westminster Hospital (28): Julia Harris, Wendy Matthews, Jane Tippet; Furness General Hospital (27): Simon Mardell, Fiona MacMillan, Anita Shaw; Royal Oldham Hospital (26): Pramod Luthra, Gill Dixon; Stepping Hill Hospital (26): Mohammed Ahmed, John Butler, Mike Young; Northern General Hospital (25): Sue Mason, Ian Loveday; Blackburn Royal Infirmary (23): Christine Clark, Sam Taylor; Cheltenham General Hospital (23): Paul Wilson; Fairfield General Hospital (23): Kassim Ali, Stuart Greenwood; Queen Elizabeth the Queen Mother Hospital (21): Martin White, Rosa Perez; Ninewells Hospital and Medical School (19): Sam Eljamel; Queen Elizabeth Hospital Birmingham (18):

Jonathan Wasserberg, Helen Shale; Russell's Hall Hospital (18): Colin Read John McCarron: Princess Alexandra Hospital (16): Aaron Pennell; Princess Royal Hospital (14): Gautam Ray; Darent Valley Hospital (13): John Thurston, Emma Brown; Royal Liverpool University Hospital (12): Lawrence Jaffey, Michael Graves; Chesterfield and North Derbyshire Royal Hospital (10): Richard Bailey, Nancy Loveridge; Withybush General Hospital (10): Geraint Evans, Shirleen Hughes, Major Kafeel Ahmed; Aberdeen Royal Infirmary (8): Jeremy Richardson, Claire Gallagher; Ormskirk and District General Hospital (8): Titus Odedun, Karen Lees; Queen Mary's Hospital (8): David Foley, Nick Payne; Arrowe Park Hospital (6): Alan Pennycook, Carl Griffiths: City Hospital Birmingham (5): David Moore. Denise Byrne; St Helier Hospital (4): Sunil Dasan; Whittington Hospital (4): Ashis Banerjee, Steve McGuinness; Doncaster Royal Infirmary (2): Claude Chikhani; Leeds General Infirmary (2): Nigel Zoltie, Ian Barlow; Bromley Hospital (1): Ian Stell; Harrogate District Hospital (1): William Hulse, Jacqueline Crossley; Institute of Neurology (1): Laurence Watkins; Queen Elizabeth Hospital Gateshead (1): Balu Dorani.

Vietnam (2)—Cho Ray Hospital (2): Truong Van Viet. NC=national coordinator. RC=regional coordinator.

CRASH trial coordination

Steering committee-Colin Baigent, Michael Bracken (until 2000), David Chadwick (Chair), Kevin Curley (2000-2001), Lelia Duley (from 2000), Barbara Farrell, Marcel Haegi (from 2000), Gabrielle Lomas, Graham Nickson (2001-2002), Richard Peto (until 2000), John Pickard (from 2000), Ian Roberts, Peter Sandercock (until 2000), Graham Teasdale (until 1999), Jonathan Wasserberg, David Yates. Data monitoring and ethics committee-Rory Collins, Stephen Haines, Stephen MacMahon (Chair), Charles Warlow (1999-2001). Management group-Phil Edwards, Barbara Farrell, Gabrielle Lomas, Nin Ritchie (until 2002), Ian Roberts, Peter Sandercock, Haleema Shakur (from 2002), Graham Teasdale (until 1999), David Yates (chair), Jonathan Wasserberg. Trial coordinating team-Haleema Shakur (trial manager from 2002), Ian Roberts (clinical coordinator), Phil Edwards (research fellow/programmer), Maria Ramos (trial administrator), Lin Barnetson (data manager from 2004), Janice Fernandes (follow-up coordinator from 2001), Donna Tooth (assistant trial coordinator from 2004), Caroline Free (clinical research fellow from 2003), Leena Narayanan (assistant programmer from 2003), Johan Collander (trial assistant from 2002), Julia Abernethy (trial assistant from 2004), Josephine Bardswell (team secretary from 2003), Nin Ritchie (trial manager to 2002), Reshma Mashru (data manager to 2004), Catherine Godward (follow-up coordinator to 2000), Liz Afolabi (assistant coordinator 2001-2003), Adrian Ritchie (assistant programmer to 2003), Tessa Hosford (trial assistant 2001-2002, assistant trial coordinator 2003-2004), Amber Collingwood (team secretary 2001-2003), Shiela Pantrini (UK South nurse coordinator 2001–2002), Sheila Massey (UK North nurse coordinator from 2001).

Writing committee— Ian Roberts, David Yates, Peter Sandercock, Barbara Farrell, Jonathan Wasserberg, Gabrielle Lomas (UK), Rowland Cottingham (UK), Petr Svoboda (Czech Republic), Nigel Brayley (UK), Guy Mazairac (Belgium), Véronique Laloë (Sri Lanka), Angeles Muñoz-Sánchez (Spain), Miguel Arango (Colombia), Bennie Hartzenberg (South Africa), Hussein Khamis (Egypt), Surakrant Yutthakasemsunt (Thailand), Edward Komolafe (Nigeria), Fatos Olldashi (Albania), Yadram Yadav (India), Francisco Murillo-Cabezas (Spain), Haleema Shakur, Phil Edwards (Chair).

Acknowledgments

Central randomisation and statistical support was provided by CTSU, Oxford, UK. The trial was funded by the UK Medical Research Council. Pharmacia and Upjohn (Pfizer from 2003) provided the MRC (without charge) the methylprednisolone needed for the trial, a grant-in-aid for preparation of the placebo, and support for collaborators' meetings.

References

- 1 Menon DK. Cerebral protection in severe brain injury: physiological determinants of outcome and their optimisation. *Br Med Bull* 1999; **55**: 226–58.
- 2 Morganti-Kossmann MC, Rancan M, Stahel PF, Kossmann T. Inflammatory response in acute traumatic brain injury: a double-edged sword. *Curr Opin Crit Care* 2002; 8: 101–05.
- Jeevaratnum DR, Menon DK. Survey of intensive care of severely head injured patients in the United Kingdom. *BMJ* 1996; **312**: 944–47.
- 4 Ghajar J, Hariri R, Narayan R, Lacono L, Firlik K, Patterson R. Survey of critical care management of comatose head injured patients in the United States. *Crit Care Med* 1995; 23: 560–67.
- 5 Wang Z, Jiang J. Current status of trauma care in China. *Trauma* Q 1999; 14: 233–40.
- 6 Alderson P, Roberts I. Corticosteroids in acute traumatic brain injury: a systematic review of randomised trials. *BMJ* 1997; 314: 1855–59.
- 7 Bracken MB, Shepard MJ, Collins WF, et al. A randomised controlled trial of methylprednisolone or naloxone in the treatment of acute spinal cord injury. N Engl J Med 1990; 322: 1405–11.
- 8 Otani K, Abe H, Kadoya S. Beneficial effect of methylprednisolone sodium succinate in the treatment of acute spinal cord injury [Japanese]. Sekitsui Sekizui J 1994; 7: 633–47.
- Bracken M, Shepard M, Holford T, et al. Administration of methylprednisolone for 24 or 48 hours or tirilazad mesylate for 48 hours in the treatment of acute spinal cord injury: results of the Third National Acute Spinal Cord Injury Randomized Controlled Trial. JAMA 1997; 277: 1597–604.
- 10 The Lancet. Steroids after spinal cord injury. *Lancet* 1990; **336**: 279–80.
- 11 Teasdale G, Jennett B. Assessment of coma and impaired consciousness: a practical scale. *Lancet* 1974; **2**: 81–84.
- 12 White SJ, Freedman L. Allocation of patients to treatment groups in a controlled clinical study. *Br J Cancer* 1978; **37**: 849–57.
- 13 Jennett B, Bond M. Assessment of outcome after severe brain damage: a practical scale. *Lancet* 1975; 1: 480–84.
- 4 Wilson JL, Edwards P, Fiddes H, Stewart E, Teasdale GM. Reliability of postal questionnaires for the Glasgow Outcome Scale. J Neurotrauma 2002; **19**: 999–1005.
- 15 Pocock S, White I. Trials stopped early: too good to be true? Lancet 1999; 353: 943–44.
- 16 Stevens RD, Bhardwaj A, Kirsch JR, Mirski MA. Critical care and perioperative management in traumatic spinal cord injury. *J Neurosurg Anaesthesiol* 2003; 15: 215–29.
- 17 Hurlbert RJ. Methylprednisolone for acute spinal cord injury: an inappropriate standard of care. J Neurosurg Spine 2000; 93: 1–7.
- 18 Bracken MB. Pharmacological interventions for acute spinal cord injury (Cochrane Review). In: *The Cochrane Library*, issue 4. Oxford: Update Software, 1999.
- 19 Roberts I, Schierhout G, Alderson P. Absence of evidence for the effectiveness of five interventions routinely used in the intensive care management of severe head injury: a systematic review. *J Neurol Neurosurg Psychiatry* 1998; 65: 729–33.
- 20 Murray CJL, Lopez AD. Global health statistics: a compendium of incidence, prevalence and mortality estimates for over 200 conditions. Boston: Harvard University Press, 1996.
- 21 Sauaia A, Moore FA, Moore E, et al. Epidemiology of trauma deaths: a reassessment. *J Trauma* 1995; **38**: 185–93.
- 22 The Brain Trauma Foundation, the American Association of Neurological Surgeons, the Joint Section on Neurotrauma and Critical Care. Hypotension. J Neurotrauma 2000; 17: 591–95.